



2024 Wilderness Basics Course Schedule



Date	Week	Time	Topic	Speaker	Be Prepared:	
01/16/24	1	6:30:00 PM - preclass	Check In		Do some conditioning hikes. Come ready to enjoy and explore!	
01/16/24	1	7:00 PM	The WBC Experience			
01/16/24	1	7:06 PM	Opening remarks & Staff Introductions	Kristi Anderson		
01/16/24	1	7:20 PM	Class processes, policies & expectations	Ellen Greenfield		
01/16/24	1	7:35 PM	The Ten Essentials	Cary Eskow		
01/16/24	1	7:55 PM	Day Hike Instructions	Linda (Boo) Briggs		
01/16/24	1	8:10 PM	Announcements/Break/Day Hike Sign-up	Cary Eskow		
01/16/24	1	8:25 PM	WBC Cost Projections	Leslie Schultz		
01/16/24	1	8:35 PM	Footwear	Bob Stinton		
01/16/24	1	9:00 PM	Trip Sign Up Process and Trip Rating System	David Cowan		
01/16/24	1	9:10 PM	Announcements	Cary Eskow		
01/16/24	1	9:15 PM	End			
01/20/24 - 01/21/24		7 AM - 10 AM		Timed Day Hike at Iron Mountain - bring your day pack containing 15 lbs, including your 10 Essentials		
01/23/24	2	6:30:00 PM - preclass	Car Camp Leader Q&A	Cheryl Kim	Review online Car Camp trip descriptions and choose 2 or 3 options. Read Chapter 5.	
01/23/24	2	7:00 PM	Day Hike Results	Linda (Boo) Briggs		
01/23/24	2	7:05 PM	Car Camp Overview	Cheryl Kim		
01/23/24	2	7:25 PM	Car Camp Sign-up	Cheryl Kim		
01/23/24	2	7:40 PM	Clothing (Warm Climate)	Bob Stinton		
01/23/24	2	8:05 PM	Announcements	Cary Eskow		
01/23/24	2	8:10 PM	Break			
01/23/24	2	8:20 PM	Land Navigation Part I- Topo Maps	Doug Goepfert		
01/23/24	2	8:40 PM	Backpacking Equipment	Bob Stinton		
01/23/24	2	9:20 PM	End			
01/30/24	3	6:15:00 PM - preclass	Backpack Demonstrations	Alice Fichandler		Watch Land Navigation videos 1-4 and 8 on the WBC website. Read Chapters 3 and 6, plus pages 118-126 and 180-183.
01/30/24	3	7:00 PM	Car Camp Planning	Cheryl Kim		
01/30/24	3	7:30 PM	Fitness and Conditioning	Nancy Jungling		
01/30/24	3	7:50 PM	Eating Out in the Wilderness	Pauline Jimenez		
01/30/24	3	8:10 PM	Announcements	Cary Eskow		
01/30/24	3	8:15 PM	Break			
01/30/24	3	8:25 PM	Backpacking Hygiene 1	Jim Park		
01/30/24	3	8:50 PM	Backpacking Hygiene 2	Melody Eues		
01/30/24	3	9:15 PM	End			
02/03/24 - 02/04/24		Car Camp - all students are encouraged to attend this main weekend				
02/06/24	4	6:30:00 PM - preclass	Mountain/Desert Backpack Leader Q&A	June Carrington	Review online trip descriptions and choose 2 or 3 options. Read Chapters 2, 10, and 13.	
02/06/24	4	7:00 PM	Mountain/Desert Backpack Overview	June Carrington		
02/06/24	4	7:20 PM	Mountain/Desert Backpack Sign-up	June Carrington		
02/06/24	4	7:35 PM	Outdoor Ethics/Leave No Trace	Kelly Aljibury		
02/06/24	4	7:50 PM	Announcements	Cary Eskow		
02/06/24	4	7:55 PM	Break			
02/06/24	4	8:05 PM	First Aid	Melody Eues		
02/06/24	4	8:35 PM	Animal Encounters	TBD		
02/06/24	4	9:00 PM	End			
02/10/24 - 02/11/24		Car Camp - alternate weekend				
02/13/24	5	6:15:00 PM - preclass	Gear Swap	Sushil Shintre		Bring your compass! Watch Land Navigation videos 5-7, 9-12 and Backpack Demo videos on the WBC website. Read Chapter 11 and pages 126-135.
02/13/24	5	7:00 PM	Mtn/Desert Backpack Planning	June Carrington		
02/13/24	5	7:30 PM	Desert Flora & Fauna	Diana Lindsay		
02/13/24	5	8:10 PM	GAIA Download Instructions	Cary Eskow		
02/13/24	5	8:15 PM	Announcements	Cary Eskow		
02/13/24	5	8:20 PM	Break			
02/13/24	5	8:30 PM	Land Navigation Part II-Compass Skills	Doug Goepfert		
02/13/24	5	8:50 PM	Water Treatment	Bob Stinton		
02/13/24	5	9:10 PM	End			
02/17/24 - 02/18/24		Mountain/Desert Backpack - all students are encouraged to attend this main weekend				
02/20/24	6	6:30:00 PM - preclass	Land Navigation Backpack Leader Q&A	Oscar Brambila	Review online trip descriptions. Choose 2 or 3 options. Review WBC Land Navigation videos. Read Chapter 4, 8 and pages 135-155.	
02/20/24	6	7:00 PM	Land Navigation Backpack Overview	Oscar Brambila		
02/20/24	6	7:20 PM	Land Navigation Sign-up	Oscar Brambila		
02/20/24	6	7:35 PM	Weather	Earl Towson		
02/20/24	6	8:05 PM	Announcements	Kristi Anderson		
02/20/24	6	8:10 PM	Break			
02/20/24	6	8:20 PM	Permits/Planning Your Own Outing	John Plander		
02/20/24	6	8:40 PM	Land Navigation Part III-Smartphone GPS	Doug Goepfert		
02/20/24	6	9:10 PM	End			
02/24/24 - 02/25/24		Mountain/Desert Backpack - alternate weekend				
02/27/24	7	6:00:00 PM - preclass	Community Night	Michelle Renaud		
02/27/24	7	7:00 PM	Land Navigation Backpack Planning	Oscar Brambila		
02/27/24	7	7:30 PM	Snow Camp Overview (Presentation)	Margaret Elizondo		
02/27/24	7	7:50 PM	Emergency Sheltering & Fire Building	Matt Clapp		
02/27/24	7	8:20 PM	Announcements	Kristi Anderson		
02/27/24	7	8:25 PM	Break			
02/27/24	7	8:35 PM	Winter Equipment/Clothing	Bob Stinton		
02/27/24	7	9:15 PM	End			
03/02/24 - 03/03/24		Land Navigation Backpack - all students are encouraged to attend this main weekend				

Date	Week	Time	Topic	Speaker	Be Prepared:
03/05/24	8	6:30:00 PM - preclass	Snow Camp Leaders Q&A	Margaret Elizondo	Read Chapters 9, 12, and 14.
03/05/24	8	7:00 PM	Environmental Disorders/Altitude Sickness	Dr. Jeffrey Gertsch	
03/05/24	8	7:45 PM	WBC Graduation and Reunion Weekend Overview	April Armijo	
03/05/24	8	7:55 PM	Announcements	Cary Eskow	
03/05/24	8	8:00 PM	Break		
03/05/24	8	8:10 PM	Snow Camp Overview	Margaret Elizondo	
03/05/24	8	8:30 PM	Snow Camp Sign Up & Planning	Margaret Elizondo	
03/05/24	8	9:05 PM	End		
03/09/24 - 03/10/24		Land Navigation Backpack - alternate weekend			
03/12/24	9	6:30:00 PM- preclass	Make-Up Outings Leader Q&A	Bonnie Ferri	Review online trip descriptions and choose 2 or 3 options.
03/12/24	9	7:00 PM	Sierra Club Section Introductions	Linda (Boo) Briggs	
03/12/24	9	7:20 PM	COL Training	Kathy Sheets	
03/12/24	9	7:30 PM	Announcements	Cary Eskow	
03/12/24	9	7:35 PM	Make-Up Outings Overview	Bonnie Ferri	
03/12/24	9	7:45 PM	Make-Up Outings Sign-Up & Break	Bonnie Ferri	
03/12/24	9	8:00 PM	Snow Camp Logistics and Equipment Check	Margaret Elizondo	
03/12/24	9	9:00 PM	End		
03/15/24 - 03/17/24		Snow Camp - all students are encouraged to attend this main weekend			
03/19/24	10	6:30:00 PM - preclass	Snow Shoe Turn In and Check Out	Margaret Elizondo	Study for the Final Exam.
03/19/24	10	6:30:00 PM- preclass	Make-Up Outings Planning	Bonnie Ferri	
03/19/24	10	6:30:00 PM- preclass	Photo Contest Viewing and Voting		
03/19/24	10	6:45:00 PM- preclass	Photo Contest Voting Announcement	Cary Eskow	
03/19/24	10	7:00 PM	Announcements	Cary Eskow	
03/19/24	10	7:05 PM	Photo Contest Winners	Cary Eskow	
03/19/24	10	7:10 PM	Other Sierra Club Outings and Ski Section Trips	Alice Fichandler	
03/19/24	10	7:25 PM	Lighten Your Load	John Plander	
03/19/24	10	7:45 PM	Provisioning for Multi-Day Trips/Field Repair Tips	Matt Clapp	
03/19/24	10	8:15 PM	Concluding Remarks	Kristi Anderson	
03/19/24	10	8:25 PM	Final Exam	Mary Cruikshank	
03/19/24	10	9:05 PM	Last Class Bash!		
03/23/24 - 03/24/24		Snow Camp - alternate (tentative)			
03/30/24 - 03/31/24		Car Camp, Mountain/Desert Backpack, Land Navigation Backpack Make Up Outings - <u>only</u> for students who need a trip to graduate			
04/06/24 - 04/07/24		Car Camp, Mountain/Desert Backpack, Land Navigation Backpack Make Up Outings - <u>only</u> for students who need a trip to graduate			
05/31/24 - 06/02/24		Reunion Camp and Graduation Ceremony - all students are encouraged to attend this final gathering!			