



## 2025 Wilderness Basics Course Schedule



Date	Week	Time	Topic	Presenter	Be Prepared:
January 14, 2025	1	6:30 PM - preclass	Student Check In		Do some conditioning hikes. Come ready to enjoy and explore!
January 14, 2025	1	6:30 PM - preclass	Backpack Try Ons	Joshua Ruhl	
January 14, 2025	1	7:00 PM	The WBC Experience Video		
January 14, 2025	1	7:06 PM	Opening Remarks & Staff Introductions	Matt Clapp	
January 14, 2025	1	7:20 PM	Class Processes, Policies & Expectations	Ellen Greenfield	
January 14, 2025	1	7:35 PM	The Ten Essentials	Cary Eskow	
January 14, 2025	1	7:55 PM	Day Hike Instructions	Linda (Boo) Briggs	
January 14, 2025	1	8:10 PM	Mid-Class Announcements	Cary Eskow	
January 14, 2025	1	8:15 PM	Break / Day Hike Sign-up		
January 14, 2025	1	8:25 PM	WBC Cost Projections	Jody Stell	
January 14, 2025	1	8:35 PM	Footwear	Bob Stinton	
January 14, 2025	1	9:00 PM	Trip Sign-Up Process and Trip Rating System	David Cowan	
January 14, 2025	1	9:10 PM	Announcements	Cary Eskow	
January 14, 2025	1	9:15 PM	End		
January 18, 2025 or January 19, 2025		7:00 AM - 10:00 AM	<b>Timed Day Hike at Iron Mountain - bring your day pack containing 15 lbs, including your 10 Essentials</b>		
January 21, 2025	2	6:30 PM - preclass	Car Camp Leader Q&A	Angela Simoneau	Review online Car Camp trip descriptions and choose 2 or 3 options.  Read Chapter 5.
January 21, 2025	2	6:30 PM - preclass	Backpack Try Ons	Joshua Ruhl	
January 21, 2025	2	7:00 PM	Day Hike Results	Linda (Boo) Briggs	
January 21, 2025	2	7:05 PM	Car Camp Trip Overviews	Angela Simoneau	
January 21, 2025	2	7:25 PM	Car Camp Sign-up	Joshua Ruhl	
January 21, 2025	2	7:40 PM	Warm Climate Clothing	Bob Stinton	
January 21, 2025	2	8:05 PM	Mid-Class Announcements	Cary Eskow	
January 21, 2025	2	8:10 PM	Break		
January 21, 2025	2	8:20 PM	Backpacking Equipment	Bob Stinton	
January 21, 2025	2	9:00 PM	End		
January 28, 2025	3	6:15 PM - preclass	Backpack Demonstrations	Sharon Young	Watch Land Navigation videos 1-4 and 8 on the WBC website.  Read Chapters 3 and 6, plus pages 118-126 and 180-183.
January 28, 2025	3	6:15 PM - preclass	Backpack Try Ons	Joshua Ruhl	
January 28, 2025	3	7:00 PM	Car Camp Planning	Angela Simoneau	
January 28, 2025	3	7:30 PM	Fitness and Conditioning	Nancy Jungling	
January 28, 2025	3	7:50 PM	Food and Nutrition	Pauline Jimenez	
January 28, 2025	3	8:10 PM	Mid-Class Announcements	Cary Eskow	
January 28, 2025	3	8:15 PM	Break		
January 28, 2025	3	8:25 PM	Backcountry Hygiene 1	Jim Park	
January 28, 2025	3	8:45 PM	Backcountry Hygiene 2	Melody Eues	
January 28, 2025	3	9:00 PM	Closing Announcements	Cary Eskow	
January 28, 2025	3	9:05 PM	End		
February 1-2, 2025			<b>Car Camp</b>		

## 2025 Wilderness Basics Course Schedule

Date	Week	Time	Topic	Presenter	Be Prepared:	
February 4, 2025	4	6:30 PM - preclass	Mountain/Desert Backpack Leader Q&A	Blaine Hinckley	Review online Mountain/Desert Backpack trip descriptions and choose 2 or 3 options.  Read Chapters 2, 10, and 13.	
February 4, 2025	4	6:55 PM	Pre-class Announcements	Cary Eskow		
February 4, 2025	4	7:00 PM	Mountain/Desert Backpack Trip Overviews	Blaine Hinckley		
February 4, 2025	4	7:20 PM	Mountain/Desert Backpack Sign-up	Joshua Ruhl		
February 4, 2025	4	7:35 PM	Outdoor Ethics/Leave No Trace	Mary Elliott		
February 4, 2025	4	7:50 PM	Mid-Class Announcements	Cary Eskow		
February 4, 2025	4	7:55 PM	Break			
February 4, 2025	4	8:05 PM	Land Navigation Part I - Topo Maps	Doug Goepfert		
February 4, 2025	4	8:25 PM	First Aid	Sascha Lopez Nusser		
February 4, 2025	4	8:55 PM	Animal Encounters	Fred Kramer		
February 4, 2025	4	9:20 PM	End			
<b>February 8-9, 2025      Car Camp - alternate weekend</b>						
February 11, 2025	5	6:15 PM - preclass	Gear Swap	Sushil Shintre	<b>Bring your compass!</b>  Watch Land Navigation videos 5-7, 9-12 and Backpack Demo videos on the WBC website.  Read Chapter 11 and pages 126-135.	
February 11, 2025	5	7:00 PM	Mountain/Desert Backpack Planning	Blaine Hinckley		
February 11, 2025	5	7:30 PM	Desert Flora & Fauna	Diana Lindsay		
February 11, 2025	5	8:10 PM	GAIA Download Instructions	Cary Eskow		
February 11, 2025	5	8:15 PM	Mid-Class Announcements	Cary Eskow		
February 11, 2025	5	8:20 PM	Break			
February 11, 2025	5	8:30 PM	Land Navigation Part II - Compass Skills	Doug Goepfert		
February 11, 2025	5	8:50 PM	Water Treatment	Bob Stinton		
February 11, 2025	5	9:10 PM	End			
<b>February 15-16, 2025      Mountain/Desert Backpack</b>						
February 18, 2025	6	6:30 PM - preclass	Land Navigation Backpack Leader Q&A	Courtney Hoffman	Review online Land Navigation Backpack trip descriptions. Choose 2 or 3 options.  Review WBC Land Navigation videos.  Read Chapters 4 and 8 and pages 135-155.	
February 18, 2025	6	7:00 PM	Land Navigation Backpack Trip Overviews	Courtney Hoffman		
February 18, 2025	6	7:20 PM	Land Navigation Sign-up	Joshua Ruhl		
February 18, 2025	6	7:35 PM	Weather	TBD		
February 18, 2025	6	8:05 PM	Mid-Class Announcements	Cary Eskow		
February 18, 2025	6	8:10 PM	Break			
February 18, 2025	6	8:20 PM	Permits/Planning Your Own Outing	John Plander		
February 18, 2025	6	8:40 PM	Land Navigation Part III - Smartphone GPS	Doug Goepfert		
February 18, 2025	6	9:10 PM	End			
<b>February 22-23, 2025      Mountain/Desert Backpack - alternate weekend</b>						
February 25, 2025	7	6:00 PM - preclass	Community Night	Tammy Lajiness	Read Chapters 9, 12, and 14.	
February 25, 2025	7	7:00 PM	Land Navigation Backpack Planning	Courtney Hoffman		
February 25, 2025	7	7:30 PM	Snow Camp Presentation	Monica Elrod		
February 25, 2025	7	7:55 PM	Emergency Sheltering & Fire Building	Angela Simoneau		
February 25, 2025	7	8:15 PM	Mid-Class Announcements	Cary Eskow		
February 25, 2025	7	8:20 PM	Break			
February 25, 2025	7	8:30 PM	Winter Clothing and Equipment	Bob Stinton		
February 25, 2025	7	9:10 PM	End			
<b>March 1-2, 2025      Land Navigation Backpack</b>						



## 2025 Wilderness Basics Course Schedule



Date	Week	Time	Topic	Presenter	Be Prepared:
March 4, 2025	8	6:30 PM - preclass	Snow Camp Leaders Q&A	Monica Elrod	Review online Snow Camp trip descriptions and choose 2 or 3 options.
March 4, 2025	8	7:00 PM	WBC Graduation and Reunion Weekend Presentation	April Armijo	
March 4, 2025	8	7:10 PM	Hypothermia, Hyperthermia, and Dehydration/Altitude Illness	Dr. Jeffrey Gertsch	
March 4, 2025	8	8:10 PM	Mid-Class Announcements	Cary Eskow	
March 4, 2025	8	8:15 PM	Break		
March 4, 2025	8	8:25 PM	Snow Camp Backpack Trip Overviews	Monica Elrod	
March 4, 2025	8	8:45 PM	Snow Camp Sign-Up & Planning	Joshua Ruhl	
March 4, 2025	8	9:15 PM	End		
<b>March 8-9, 2025      Land Navigation Backpack - alternate weekend</b>					
March 11, 2025	9	6:30 PM - preclass	Make-Up Outings Leader Q&A	Bryan Pray	Review online Make-Up trip descriptions and choose 2 or 3 options (only if needed to graduate).
March 11, 2025	9	7:00 PM	Sierra Club Groups Night	Linda (Boo) Briggs	
March 11, 2025	9	7:30 PM	COL Training	Bob Stinton	
March 11, 2025	9	7:35 PM	Mid-Class Announcements	Cary Eskow	
March 11, 2025	9	7:40 PM	Make-Up Outings Overviews	Bryan Pray	
March 11, 2025	9	7:50 PM	Make-Up Outings Sign-Up & Break	Joshua Ruhl	
March 11, 2025	9	8:05 PM	Snow Camp Logistics and Equipment Check	Monica Elrod	
March 11, 2025	9	9:05 PM	End		
<b>March 14-16, 2025      Snow Camp</b>					
March 18, 2025	10	6:30 PM - preclass	Snow Shoe Turn In and Check Out	Monica Elrod	Study for the Final Exam.
March 18, 2025	10	6:30 PM - preclass	Make-Up Outings Planning	Bryan Pray	
March 18, 2025	10	6:30 PM - preclass	Photo Contest Viewing and Voting	Ryan Sargeant	
March 18, 2025	10	6:45 PM - preclass	Photo Contest Voting Announcement	Cary Eskow	
March 18, 2025	10	6:45 PM	Pre-Class Announcements	Cary Eskow	
March 18, 2025	10	7:05 PM	Photo Contest Winners	Cary Eskow	
March 18, 2025	10	7:10 PM	Other Sierra Club Outings and Ski Section Trips	Alice Fichandler	
March 18, 2025	10	7:25 PM	Lighten Your Load	John Plander	
March 18, 2025	10	7:45 PM	Provisioning for Multi-Day Trips	Matt Clapp	
March 18, 2025	10	8:15 PM	Concluding Remarks	Matt Clapp	
March 18, 2025	10	8:25 PM	Final Exam	Mary Cruikshank	
March 18, 2025	10	9:05 PM	Last Class Bash!	Ellen Greenfield	
<b>March 22-23, 2025      Snow Camp - alternate (tentative)</b>					
<b>March 22-23, 2025      Make Up Outings: Car Camp, Mountain/Desert Backpack, Land Navigation Backpack - only for students who need a trip to graduate</b>					
<b>March 29-30, 2025      Make Up Outings: Car Camp, Mountain/Desert Backpack, Land Navigation Backpack - only for students who need a trip to graduate</b>					
<b>June 13-15, 2025      Reunion Camp and Graduation Ceremony - all students are encouraged to attend this final gathering!</b>					